

Winter & Spring: Family Support Adult Enrichment Programs

Family Parties

Thursdays | Natick | 6:30—8:00 pm

\$5 | Ages: 18+ | Just RSVP

Coordinator: Sarah Morgan

January 3rd: **New Years Celebration**

February 14th: **Valentine's Celebration**

March 21st: **St. Patty's Celebration**

April 25th: **Earth Day Celebration**

May 9th: **Favorite Family Games**

June 13th: **Hawaiian Party**

Adult Extended Day

After work program

M-F, 3:00 - 5:30, NEEDHAM

W-F, 3:00 - 6:00, NATICK

AGES: 18 +

Dances

Fridays | Needham | 7:00—8:30 pm | \$5

Ages: 18+ Must come accompanied by a chaperone

Coordinator: Janelle Portmann

January 4th: **New Years Dance**

February 8th: **Valentines Dance**

March 15th: **St. Patty's Dance**

April 12th: **Spring Fling**

May 10th: **80's Dance**

June 21st: **Solstice Dance**

New this session:

Tuesday Night Activity & Social Club,

for adults with Autism Spectrum Disorder without an Intellectual Disability.

Coordinator: Sarah Morgan—contact for more information!

Are you hoping to **socialize** but cannot find activities that you **enjoy doing with others**?

This activity and social club might be for you!

Give it a try! The first session will be **Tuesday**

Dungeons & Dragons Night!

If **D&D** is not your thing, contact Sarah Morgan and let her know what you would like to do!

Cooking Skills Group

Needham | 6:00—7:45 pm | \$10/class

Coordinator: Janelle Portman

Cooking Group is now offered on Wednesdays OR Thursdays!

Wednesday sessions:

Session 1:

1/9, 1/23, 2/6, 3/13

Session 2:

3/27, 4/10, 5/8, 5/22, 6/5

Thursdays sessions:

Session 1:

1/17, 1/31, 3/7, 3/21

Session 2:

4/4, 5/2, 5/16, 5/30

6/13 — End of year celebration: All sessions welcome

Community Group

From Needham | 11:00—4:00 pm | Ages: 18+ | \$20

Coordinator: Sarah Morgan

Lunch is included in outing

January 5: Bumper Cars

January 26: Wellesley College Basketball Game

February 2: Dreamland Wax Museum

February 23: Sledding at Needham HS

March 2: Sky Zone

March 16: Paint Your Own Pottery

March 23: Zumba or Yoga class (time TBA, likely 9-1)

March 30: 25th Annual Putnam County Spelling Bee play

April 6: Bowling at Brighton Flatbread

April 20: Museum of Science

May 4: Animal Adventure Zoo

May 11: The Little Mermaid by the Wellesley Theatre Project

June 1: Mini Golf

June 8: Brookline Porchfest

June 15: Tower Hill Botanical Gardens

June 29: Castle Island

Sharon Respite House

Sharon, MA | Ages: 18+ | Friday—Sunday

Cost: \$400/weekend

Coordinator: Sarah Morgan

January 11-13: See "Impact! Cabaret!"

February 8-10: Indoor Archery

March 8-10: Visit Larz Auto Museum

April 26-28: Go to a yoga class

May 17-19: Manicures at a Nail Spa

June 21-23: Visit Franklin Park Zoo

Don't see anything of interest on this brochure?

Please contact Renee Scherer to share.