Family Support Programs Summer 2019

Check our monthly newsletter for up-to-date activities and program offerings!

Walking Club

Wednesdays at 5:00 pm - join the team for the 9/22 CRC 5K/1 mile walk
All ages welcome!
Contact Sarah Ouellette!

Walking dates & meet-at locations:
July 10 Houghton’s Pond
July 17 Upper Falls Greenway
July 24 Lake Waban
July 31 Charles River Peninsula
August 7 Cutler Park
August 14 Webster Conservation
August 21 Houghton’s Pond
August 28 Upper Falls Greenway
September 4 Lake Waban
September 11 Blue Hills Reservation
September 18 Cushing Memorial

Cooking Club

Those 18+ can join a skills group based around planning, preparing and eating a meal together. The program runs with a 1:5 ratio and costs $10 per class.

Thursday nights, 6:00—7:30 pm
Merritt Center Cafeteria
Needham, MA
Summer dates: July 11, 18, 25
Contact Laura Caligiuri if interested!

Dances

Check our newsletter monthly for dances announcements!
$5/per person
Ages 16+
Friday Nights
Next dance: June 21, 2019 7:00 pm
Merritt Center Cafeteria, Needham
Snacks and drinks provided!
Everyone must come with a chaperone, if this is a hardship please let us know.

Check our newsletter monthly for dances announcements!
$5/per person
Ages 16+
Friday Nights
Next dance: June 21, 2019 7:00 pm
Merritt Center Cafeteria, Needham
Snacks and drinks provided!
Everyone must come with a chaperone, if this is a hardship please let us know.

Kid’s Break

Saturdays are meant for fun! At Kid’s Break, the morning is spent being active, rotating Zumba, Yoga, CrossFit followed by an afternoon outing!

The cost of this program is funded for those who live in the Newton South Norfolk and Middlesex West areas.

Kid’s Break runs in Natick with a 1:3 ratio. Ready to eat lunch is require for full day participants!

Contact Sarah Ouellette if interested!

July 6 Cushing Memorial
July 13 Golf at the Village Green
July 20 Taza Chocolate Tour
July 27 Patriots Place Museum Tour
Off for August!
September 7 Sunshine Farms
September 21 Discovery Museum
September 28 Lookout Farm

Building Friendships Club

A monthly Friday night outing for teens ages 13—21 looking for social outlets.
The program runs out of Natick from 6:15—9:00 pm with a 1:5 ratio and costs $20

Contact Sarah Ouellette!

July 26 Treetop Adventures
August 30 Fun & Games
September 27 Dave & Busters
October 25 Haunted Hayride

Check the Newsletter monthly, activities TBA:
October 25
November 22
December 20

Please fill out the registration page and send to FamilySupport@charlesrivercenter.org
or fax to 781-444-5146 or mail to 59 East Militia Heights Drive, Needham, MA
by the registration deadline: Monday June 14

New this session: Registration email!

Sharon House

Friday 4:00 pm—Sunday 3:00 pm
An overnight respite program for ages 18+
Cost: $400/weekend
July 12—14 Yoga class
August 2—4 Apex Entertainment
August 23—25 Lake Massapoag Beach
*Program requires intake interview prior to acceptance.
Contact Laura Caligiuri to learn more and schedule an intake!

Saturday Community Group

Individuals ages 18+, living in the Newton South Norfolk* areas are invited upon acceptance to join the group for lunch and an event/activity. The program runs out of Needham with a 1:5 ratio and costs $20

Contact Laura Caligiuri!

July 6 Animal Adventure Zoo
July 13 Paint Your Own Pottery
July 20 Bumper Cars
July 27 Mary Poppins Musical
August 10 Capron Park Zoo
August 17 SkyZone
August 24 Bowling at Brighton Flatbread
August 31 Patriots Place

Check the Newsletter monthly, activities TBA:
September 7, 14, 21, 28
October 5, 12, 19, 26
November 2, 9, 16, 23, 30
December 7, 14, 21, 28

SAVE THE DATE!

Ellie Bloom
Special Olympics
September 14, 2019

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Special Olympics
September 14, 2019
FAMILY SUPPORT PROGRAMS REGISTRATION FORM

1. CHECK ALL PROGRAMS THAT YOU WOULD LIKE TO ATTEND (in order of preference)

2. RETURN THIS REGISTRATION FORM TO FamilySupport@charlesrivercenter.org by June 14, 2019

3. LOOK FOR CONFIRMATION EMAIL FROM THE PROGRAMS' COORDINATOR

4. MARK ALL CONFIRMED PROGRAMS INTO YOUR CALENDAR!

Individuals Name: _________________________________________________
Address: _____________________________________________________Phone: (_____) ______ - ______
Parent(s)/Guardian s): ___________________________Email Address: ________________________________
Child’s Age: ______ D.O.B.___________ Primary/Secondary Disability: _______________________________

Please number each program in order of preference
1 being the highest!

Saturday Community Group
Ages: 18+

July 6 ___
July 13 ___
July 20 ___
July 27 ___
August 10 ___
August 17 ___
August 24 ___
August 31 ___

Cooking Club
Ages: 18+

July 11, 18, 25 ___

Building Friendships Club
Ages: 13-22

July 26 ___
August 30 ___
September 27 ___

Kid’s Break
Ages: 12-22

July 6  AM ___ PM ___
July 13 AM ___ PM ___
July 20 AM ___ PM ___
July 27 AM ___ PM ___

September 7 AM ___ PM ___
September 21 AM ___ PM ___
September 28 AM ___ PM ___

Sharon House
Ages: 18+

July 12 through 14 ___
August 2 through 4 ___
August 23 through 25 ___

Please fill out the registration page and send to FamilySupport@charlesrivercenter.org
or fax to 781-444-5146 or mail to 59 East Militia Heights Drive, Needham, MA by the registration deadline:

Monday June 14